

# Sleep Well TONIGHT

The SomnoGuard® greatly reduces or eliminates snoring by stabilizing, and in many cases, advancing your jaw slightly. The upper and lower trays are custom fitted to your teeth, and precise advancement is ascertained according to your specific needs. The custom-fitted appliance keeps your mandible and associated muscles, including your tongue from falling back against the soft palate and throat, thereby maintaining an open airway. This helps prevent the vibration that causes snoring and the obstruction that leads to Sleep Apnea.

**Custom fitted, economical and effective solution available today in a single 15-minute office visit**



**Snoring & Obstructive Sleep Apnea** are caused by narrowing or complete collapse of the airway when you sleep and your muscles relax. Sleep Apnea is a serious medical condition that should be treated immediately. Left untreated OSA has been shown to lead to serious health problems including:

- High Blood Pressure (hypertension)
- Increased Risk of Heart Attack
- Increased Risk of Stroke
- Increase Risk of Cancer
- Erectile Dysfunction

## SomnoGuard® AP2

### Low Profile AP2



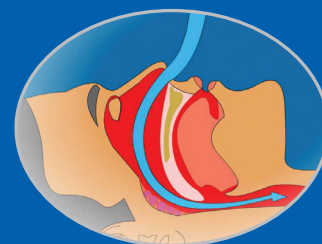
Adjustable from 0-10mm  
Micro adjustable  
Enables mouth breathing  
Free lateral movement  
Optimum comfort

Custom fitted  
FDA approved  
Clinically validated

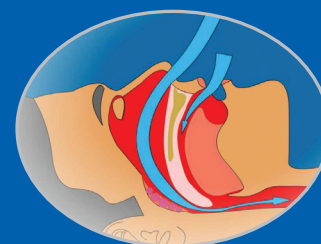


## How the SomnoGuard® Oral Appliance treats snoring & Sleep Apnea

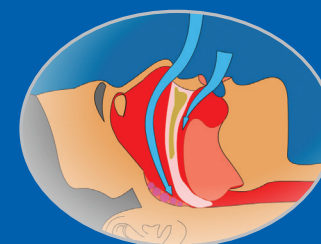
Normal airway while sleeping



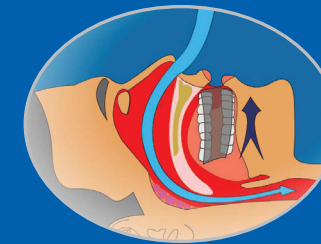
Airway with restricted flow leads to snoring



Airway with obstructed flow leads to Sleep Apnea



SomnoGuard® restored airway with normal flow



## SomnoGuard® SPX

### Ultra Low Profile SPX

Enhanced retention copolymer  
Accommodates wide and narrow arches  
Micro-titrating turnbuckle)  
Limited lateral mobility



After fitting



Custom fitted  
FDA cleared  
Clinically validated