

# SomnoGuard® Oral Appliance Administration Assistant

Representative:  
 Tim Cline  
 (214) 906-8721  
 entman3@sbcglobal.net

## Reference Certificate of Medical Necessity

### OSA Severity Index:

Insurers require copy of the Sleep Study to establish Medical Necessity

AHI/RDI*	Severity	Notes
<5	Not clinically significant - snoring	Not covered- cash for snoring
5 ≥ 14	Mild	Often requires comorbidity**
15 ≥ 29	Moderate	Typical covered 1 <sup>st</sup> line option
≥ 30	Severe	CPAP first or conjunctive therapy

\* If both AHI and RDI are provided on Sleep Study, insurers typically reference **AHI** for determination of medical necessity.

\*\* Mild OSA may require documentation of associated comorbidity:  
 Epworth Score>10, Loud Disruptive Snoring, Hypertension, history of Stroke/heart attack, cognitive dysfunction, etc.

### Coding: One of three codes (Depending upon Medical Policy)

Document preferred code in your area (varies) **HCPCS: E0485 Service: S8262 CPT: 21085**

**Medicare only covers Custom Appliances under HCPCS E0486. Can offer patient cash price with signed ABN. Contact customer service for sample ABN.**

Code	E0485	21085	S8262	Notes (amend as experienced) (Reimbursed amount for example)
Aetna	✓		✓	AHI>15 requires comorbidity, no Pre-auth Required for Participating Providers
BCBS of TX	✓	✓	✓	
UHC	✓		✓	
Cigna			✓	



Services considered not Medically Necessary for any reason should be presented with a cash option (Price: \_\_\_\_\_) as the Somnoguard is one of the most effective and cost effective treatment options. Once considered not covered, you are free to provide service to your patient without implication and patient may actually minimize out of pocket expense.



Certificate of Medical Necessity

SomnoGuard®  
Oral Appliance  
Prescription Form

Patient (Last, First, MI) \_\_\_\_\_ Today's Date: \_\_\_\_\_  
 Shipping Address: \_\_\_\_\_ Date of Birth (m/d/yy) \_\_\_\_\_  
 City: \_\_\_\_\_ St: \_\_\_\_\_ Zip: \_\_\_\_\_ Home Phone \_\_\_\_\_ ( )  
 Cell Phone \_\_\_\_\_ ( )  
 Insurer: \_\_\_\_\_ ID#: \_\_\_\_\_ Work Phone \_\_\_\_\_ ( )

<p><b>SomnoGuard® Oral Appliance</b>  <input checked="" type="checkbox"/> Please Specify</p> <p><input type="checkbox"/> <b>SomnoGuard® SP Soft</b>        Two Part, Two piece Mandibular Advancement Device        1mm-Incremental Advancement Positioners included.        FDA# K121761. For Snoring and Mild/Moderate OSA.</p> <p><input type="checkbox"/> <b>SomnoGuard® AP</b>        Two Part, Two piece Mandibular Advancement Device        Micro-adjustment Titration, free lateral movement, mouth        breathing, Custom Fitted Oral Appliance.        FDA# K061688. For Snoring and Mild/Moderate OSA.</p>	<p align="center"><b>Prescribing Physician Information</b></p> <p>Name/Title _____</p> <p>Address: _____</p> <p>City: _____ ST: _____</p> <p>Zip: _____ Phone: _____</p> <p>Fax: _____</p> <p>NPI: _____</p>
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Primary Diagnostic ICD-9 Code (check)

Insurance submission code: HCPCS E0485/CPT 21085/S8262

<input type="checkbox"/> 327.23 Obstructive Sleep Apnea (Adult & Pediatric)	<input type="checkbox"/> 780.57 Unspecified Obstructive Sleep Apnea	<input type="checkbox"/> 786.09 Snoring
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Indication

<input type="checkbox"/>	<b>Snoring</b>
<input type="checkbox"/>	<b>Mild OSA: AHI/RDI: _____ Documented by PSG/HST: _____</b> OSA Complications: <input type="checkbox"/> EDS <input type="checkbox"/> Hypertension <input type="checkbox"/> Epworth Score _____ <input type="checkbox"/> Cognitive Dysfunction (attach Sleep Study Results and interpretation)
<input type="checkbox"/>	<b>Moderate OSA: AHI/RDI: _____ Documented by PSG/HST: _____</b> OSA Complications: <input type="checkbox"/> EDS <input type="checkbox"/> Hypertension <input type="checkbox"/> Epworth Score _____ <input type="checkbox"/> Cognitive Dysfunction (attach Sleep Study Results and interpretation)
<input type="checkbox"/>	<b>Severe OSA: AHI/RDI: _____ Documented by PSG/HST: _____ CPAP Intolerance: _____ days</b> OSA Complications: <input type="checkbox"/> EDS <input type="checkbox"/> Hypertension <input type="checkbox"/> Epworth Score _____ <input type="checkbox"/> Cognitive Dysfunction (attach Sleep Study Results and interpretation)
<input type="checkbox"/>	<b>Severe OSA: AHI/RDI: _____ Documented by PSG/HST: _____ Lower PAP pressure: _____ cm</b> Complications: <input type="checkbox"/> EDS <input type="checkbox"/> Hypertension <input type="checkbox"/> Epworth Score _____ <input type="checkbox"/> Cognitive Dysfunction (attach Sleep Study Results and interpretation)
<input type="checkbox"/>	<b>Mild/Moderate/Severe OSA, Secondary Therapy:</b> <input type="checkbox"/> Travel <input type="checkbox"/> Restrictions to consistent CPAP use: _____

\_\_\_\_\_  
Physician Name

\_\_\_\_\_  
Physician Signature

\_\_\_\_\_  
Date