

Representative:  
Scott Whitcomb  
603-491-6761  
SWhitcomb@1stLineMedical.com

## Reference Certificate of Medical Necessity

### OSA Severity Index:

Insurers require copy of the Sleep Study to establish Medical Necessity

AHI/RDI*	Severity	Notes
<5	Not clinically significant - snoring	Not covered- cash for snoring
5 ≥ 14	Mild	Often requires comorbidity**
15 ≥ 29	Moderate	Typical covered 1 <sup>st</sup> line option
≥ 30	Severe	CPAP first or conjunctive therapy

\* If both AHI and RDI are provided on Sleep Study, insurers typically reference **AHI** for determination of medical necessity.

\*\* Mild OSA may require documentation of associated comorbidity:

Epworth Score>10, Loud Disruptive Snoring, Hypertension, history of Stroke/heart attack, cognitive dysfunction, etc.

### Coding: One of three codes (Depending upon Medical Policy)

Document preferred code in your area (varies) **HCPCS: E0485 Service: S8262 CPT: 21085**

**Medicare only covers Custom Appliances under HCPCS E0486. Can offer patient cash price with signed ABN. Contact customer service for sample ABN.**

Code	E0485	S8262	21085	Notes (amend as experienced) (Reimbursed amount for example)
Aetna	✓	✓		AHI>15 requires comorbidity. no Preauth Required for Participating Providers
BCBS of VA (Anthem)			*	Amended 1/1/14 to exclude E0485 *(Custom Only). Patient pay item, recommended \$500. *Some practices report success with 21085
UHC	✓	✓		
Cigna		✓		



Services considered not Medically Necessary for any reason should be presented with a cash option (Price: \_\_\_\_\_) as the Somnoguard is one of the most effective and cost effective treatment options. Once considered not covered, you are free to provide service to your patient without implication and patient may actually minimize out of pocket expense.